

# ***KNOW THE SIGNS VIRTUAL PRESENTATION***

Topics Discussed: How to Talk About Suicide,  
Warning Signs, Risk Factors & Resources.



**THURSDAY, SEPTEMBER 5  
THURSDAY, OCTOBER 3  
THURSDAY, NOVEMBER 7  
FROM 2:00 PM - 4:00 PM**



**REGISTRATION IS REQUIRED**

**[HTTPS://BIT.LY/KNOWTHESIGNSREGISTER](https://bit.ly/KNOWTHESIGNSREGISTER)**

**FOR MORE INFORMATION PLEASE CONTACT**

**NORCO COLLEGE: [STUDENTHEALTH@NORCOCOLLEGE.EDU](mailto:STUDENTHEALTH@NORCOCOLLEGE.EDU), OR CALL (951) 372-7046  
MORENO VALLEY COLLEGE: [WELLNESS@MVC.EDU](mailto:WELLNESS@MVC.EDU), OR CALL (951) 571-6103**



Health Services

Riverside Community College District is committed to providing access and reasonable accommodation to all District programs and activities. Accommodations for persons with disabilities may be requested by contacting the program/event organizer, Health Service at (951) 372-7046 by no less than three days before the event. Requests received after this date will be honored whenever possible.