

### 2022-23

### PSYCHOLOGY

#### AA-T PSYCHOLOGY

##### Pathways for Transfer

(CSUGE) NAA566 / (IGETC) NAA568

#### REQUIRED COURSES (19 - 20 units) UNITS

PSY-1/1H	General Psychology/Honors	3
PSY-2	Biological Psychology	3
PSY-9	Developmental Psychology	3
PSY-50	Research Methods in Psychology	4
PSY-48/SOC-48	Statistics for Behavioral Sciences	3
OR		
MAT-12/12H	Statistics/Honors	4
LIST A	Select ONE course from below	3

#### LIST A : Select ONE course below (3 units) UNITS

PSY-8	Intro to Social Psychology	3
PSY-33	Theories of Personality	3
PSY-35	Abnormal Psychology	3
PSY-10	Personal and Social Adjustment	3

This academic plan includes major coursework and recommended general education requirements for transfer. **Transfer requirements vary based on institution.** Please see a counselor to develop your personal educational plan and determine appropriate work/life/school balance.

TERM 1			
CSUSB/CPP		UCR	
COURSE	UNITS	COURSE	UNITS
PSY 1	3	PSY 1	3
ENG 1A	4	ENG 1A	4
MAT 12	4	PSY/SOC 48 or MAT 12	3 - 4
GUI 47	3	GUI 47	3
LIB 1	1	LIB 1	1
<b>Total Units</b>	<b>15</b>	<b>Total Units</b>	<b>14-15</b>

TERM 2			
COURSE	UNITS	COURSE	UNITS
PSY 9	3	PSY 9	3
COM 1, 6 or 9	3	COM 1, 6 or 9	3
ENG 1B	4	ENG 1B	4
GEG 1 & 1L	4	MAT 10/5/1A	4
Elective List A	3	Elective List A	3
<b>Total Units</b>	<b>17</b>	<b>Total Units</b>	<b>17</b>

TERM 3			
COURSE	UNITS	COURSE	UNITS
PSY 50	4	PSY 50	4
HIS 6, 7, 14, 31 or 34	3	GEG 1 & 1L	4
ADJ 1, 3 or 9	3	ADJ 1, 3 or 9	3
PHI 19, 33, 10 or 12	3	PHI 19, 33, 10 or 12	3
<b>Total Units</b>	<b>13</b>	<b>Total Units</b>	<b>14</b>

TERM 4			
COURSE	UNITS	COURSE	UNITS
PSY 2	3	PSY 2	3
POL 1	3	POL 1	3
CSUGE AREA C1	3	IGETC AREA 3A	3
ANY SOC CLASS	3	HIS 6, 7, 14, 31 or 34	3
HUM 18 or 16	3	IGETC LOTE	5
<b>Total Units</b>	<b>15</b>	<b>Total Units</b>	<b>17</b>

✓ First Term To-Do List	
	Submit official high school transcripts and AP/IB/CLEP exam scores
	Visit <a href="#">Engagement Center</a> (ST 107)
	Meet with a <a href="#">counselor</a> to personalize your EduNav plan and to <b>determine if you have already met the IGETC foreign language requirement through high school coursework</b>
	Register for ILA-800 each term to receive <a href="#">FREE tutoring</a>

✓ Second Term To-Do List	
	Visit the <a href="#">Counseling Center</a> (2nd floor of CSS)
	Meet with a Mustang Mentor
	Get involved in Psi Beta or other <a href="#">student organizations</a>
	Look for internship, research or volunteer opportunities in your field (s) of interest

✓ Third Term To-Do List	
	Meet with a <a href="#">counselor</a> to verify your transfer status
	Attend <a href="#">Transfer Fair</a> , <a href="#">transfer workshops</a> and <a href="#">meet with university reps</a>
	Submit transfer applications (ask about UC TAG)
	Complete <a href="#">FAFSA</a> before march 2nd (include all transfer institutions that you applied to)

✓ Fourth Term To-Do List	
	Submit Degree Applications via <a href="#">WebAdvisor</a>
	Complete transfer application updates
	Finish strong and order final transcripts for your transfer institution along with CSUGE or IGETC certification

**PSYCHOLOGY** is a broad liberal arts major. Many entry-level helping positions are available, however the amount of direct client contact is limited for those who only have a bachelor's degree. Students may wish to pursue graduate education in psychology, social work, counseling, college student personnel, or other related fields to increase opportunities and earning potential. Research career fields to learn what type of degree and subject areas are most appropriate for your interests and desired population.

## WHERE CAN I WORK?

- ◆ City/County Offices
- ◆ Community Service Organizations
- ◆ Family Services
- ◆ Federal/State Government
- ◆ Higher Education
- ◆ Hospitals/Healthcare Centers
- ◆ Non-Profit Organizations
- ◆ Private Practice
- ◆ Residential Health/Rehab Facilities
- ◆ Schools
- ◆ Social Services
- ◆ Testing Centers
- ◆ Victim Services
- ◆ Youth Camps

## HOW DO I GET STARTED?

- ⇒ Visit the **Counseling Center** to learn about opportunities in the field and help determining if it is a good fit for your preferred values, strengths, skills, and interests. SSV 2<sup>nd</sup> floor.
- ⇒ Take introductory **PSYCHOLOGY COURSES** as well as related topics (e.g. child & family studies, sociology, or political science).
- ⇒ Attend annual **TRANSFER FAIR** and **TRANSFER CENTER WORKSHOPS** to determine which university is the best fit for you as well as application requirements and transfer process.
- ⇒ **JOB SHADOW** and **NETWORK WITH PROFESSIONALS** in positions you wish to obtain .
- ⇒ Participate in **PSI BETA** , **PSYCHOLOGY CLUB**, or other **CAMPUS CLUBS** to gain research, teamwork and leadership skills.
- ⇒ Gain experience through **VOLUNTEERING** with organizations such as crisis hotlines, Big Brother or Sister, Special Olympics, summer camps, service groups, etc.
- ⇒ Learn to **WORK WELL** with different types of people.
- ⇒ Practice interpersonal, small group and public speaking **COMMUNICATION SKILLS**
- ⇒ Become fluent in a **SECOND LANGUAGE** to serve clients who may not speak English.
- ⇒ Cultivate the desire to **HELP OTHERS** and acquire knowledge of **COMMUNITY RESOURCES** available for those in need.

## WHAT CAN I DO WITH THIS ASSOCIATE DEGREE?

Position Title	CA Annual Openings	CA Median Salary	In Riverside County Wages will Support
<a href="#">Recreation/Youth Counselor</a>	9,230	\$28,330	1 adult
<a href="#">Teacher's Assistant</a>	17,710	\$34,580	1 adult
<a href="#">Human Service Assistant</a>	5,910	\$39,980	1 adult
<a href="#">Human Resources Assistant</a>	1,840	\$42,110	1 adult
<a href="#">Administrative Assistant</a>	23,450	\$42,250	1 adult
<a href="#">Government Program Eligibility Interviewer</a>	2,390	\$64,640	1 adult, 1 child
<a href="#">Psychiatric Technician</a>	680	\$68,090	1 adult, 2 children

## WHAT CAN I DO WITH MORE EDUCATION AND TRAINING?

Position Title	CA Annual Openings	CA Median Salary	In Riverside County Wages will Support
<a href="#">Mental Health Counselor</a> (MFT/MS)	2,200	\$48,220	1 adult
<a href="#">Social Worker</a> (BSW/MSW/LCSW)	3,690	\$55,460	1 adult, 1 child
<a href="#">Survey Researcher</a> (BA/BS)	160	\$63,810	1 adult, 2 children
<a href="#">School Counselor</a> (MA/MS)	3,970	\$69,510	1 adult, 2 children
<a href="#">Probation Officer</a> (BA/BS)	1,040	\$89,210	1 adult, 3 children
<a href="#">Clinical Psychologist</a> (PhD/PsyD)	2,060	\$100,850	2 adults, 3 children
<a href="#">School Psychologist</a> (MA/MS)	2,060	\$100,850	2 adults, 3 children
<a href="#">Industrial/Org Psychologist</a> (PhD)	No data	\$129,300	2 adults, 4 children

## ESTIMATED COST TO OBTAIN ASSOCIATE DEGREE

60 Units x \$46 per unit (CA residents) = \$2,760	Health, ASNC, Parking Fees (x 4 terms) = \$360
Books & Supplies = \$3,944	<b>Total Cost = \$7,064</b>

## WHAT SKILLS DO I NEED?

- ⇒ **Active Listening** — giving full attention to what other people are saying, taking time to understand the points being made, asking questions as appropriate, and not interrupting at inappropriate times.
- ⇒ **Social Perceptiveness** — being aware of others' reactions and understanding why they react as they do.
- ⇒ **Service Orientation** — actively looking for ways to help people.
- ⇒ **Speaking** — talking to others to convey information effectively.
- ⇒ **Critical Thinking** — using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to problems.

## PREFERRED WORK STYLES INCLUDE:

- ⇒ **Self Control** — maintaining composure, keeping emotions in check, controlling anger, and avoiding aggressive behavior, even in very difficult situations.
- ⇒ **Concern for Others** — being sensitive to others' needs and feelings and being understanding and helpful on the job.
- ⇒ **Integrity** — being honest and ethical.
- ⇒ **Stress Tolerance** — accepting criticism and dealing calmly and effectively with high stress situations.
- ⇒ **Dependability** — being reliable, responsible, and dependable, and fulfilling obligations

For more information about careers, education and training requirements, salary data, and job outlooks visit [www.onetonline.org](http://www.onetonline.org), [www.bls.gov](http://www.bls.gov) or [www.labormarketinfo.edd.ca.gov/OccGuides](http://www.labormarketinfo.edd.ca.gov/OccGuides).