**Canvas Announcement for Online Student Resources**

Please email ALL students or place an Announcement on your Canvas to students with the following sample message:

We are entering the 8th week of the term, how are you feeling about your progress in this course? I encourage you to take a look at your current standing. If you have questions, please reach out.

 For those of you finding yourself struggling, please remember there are resources available to you that may help you.

* The Learning Resource Center (LRC) is offering Online Tutoring, check out their [Tutorial Services website.](https://staging.norcocollege.edu/academicAffairs/tl/lrc/tutorial_services/Pages/index.aspx)
* The Disability Resource Center (DRC) is also available to students who qualify. Not sure if you qualify? Ask yourself the following: 1. Am I spending hours studying and not getting the grades I feel I deserve? 2. Do I read things over and over and not understand what I am reading? 3. Do I run out of time on my exams and quizzes? 4. Did I have an IEP or 504 Plan in High School? 5. Do I have a diagnosis from a Doctor, Psychologist, or Psychiatrist? If you can answer, yes to any of these questions contact the Disability Resource Center at the [DRC Website](https://staging.norcocollege.edu/services/drc/Pages/index.aspx)  or email drc@norcocollege.edu to get more information.
	+ *If you are already connected to the DRC, please request your Letter to Instructor from the DRC to ensure you get your academic adjustments.*
* Health Services is also offering Online Mental Health Counseling Appointments via ZOOM, to make your appointment call 951-372-7046.
* The Counseling Department is also online to help you with your academic questions and planning. You can get more information on the [Norco Counseling Department website.](https://staging.norcocollege.edu/services/counseling/Pages/index.aspx)